



HIV/AIDS

AMONG

AMERICAN INDIAN & ALASKA NATIVE ADULTS



More than 1 million people in the United States are living with HIV – and their numbers are higher than ever before. Unfortunately, 1 in 3 aren't aware they're infected and may spread the virus unknowingly.

HIV stigma is taking a devastating toll on **American Indians and Alaska Natives**. To protect future generations, we must:

Stop the Silence!

Learn your status, protect yourself and your loved ones, and end stigma associated with HIV/AIDS.

Each of us plays a critical role in fighting the disease, and **Project Red Talon** is dedicated to helping you do your part.

StoptheSilence.org

Talk to your tribe, family, kids, & intimate partners.

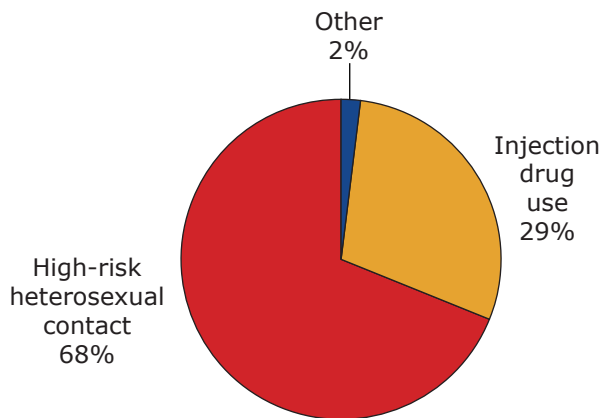
Did you know?

- **HIV impacts everyone.** More than 3,000 American Indians and Alaska Natives have been diagnosed with AIDS since the beginning of the epidemic. They are our brothers and sisters, our mothers and fathers, our nieces and nephews.
- American Indians and Alaska Natives have the **third highest AIDS rate** of all racial and ethnic groups in the U.S.
- **Even young people are at risk.** Half of new HIV infections occur among teens and young adults.
- **Early testing is critical for care survival.** American Indians and Alaska Natives have the lowest AIDS survival rate of any group, with just 1 in 4 individuals living more than 3 years after their diagnosis.
- **New HIV infection rates are on the rise.** From 2001-2004, rates increased more than 12% among American Indians and Alaska Natives.



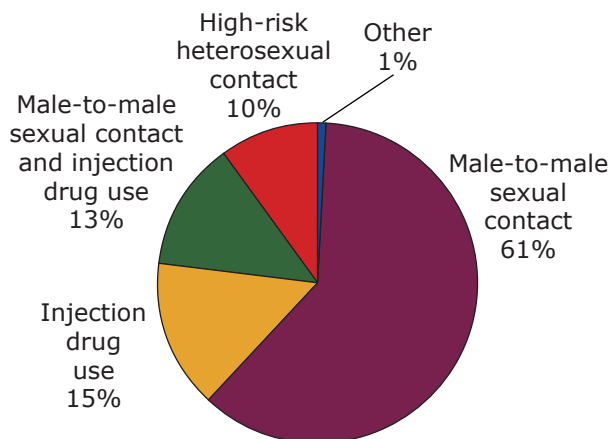
Women most commonly report **heterosexual contact** as their primary cause of exposure to HIV.

Transmission Categories for AI/AN Females Diagnosed With HIV/AIDS Between 2001 and 2005



Men most commonly report **male-to-male sexual contact** as their primary cause of exposure to HIV.

Transmission Categories for AI/AN Males Diagnosed With HIV/AIDS Between 2001 and 2005



*Provided by Project Red Talon,
a project of the Northwest Portland Area Indian Health Board
For more information, visit us online at: www.npaihb.org*

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What Can You Do?

- Protect yourself against HIV infection. Know the risks associated with sex and drug use.
- Get tested to better protect yourself and your partners. HIV screening is recommended for everyone age 13 to 64, regardless of risk, and yearly screening is recommended for individuals at high risk.
- Educate others about HIV/AIDS. Volunteer at a tribal HIV program.
- Get medical care and support if you're living with HIV. Effective treatments exist.
- Be a friend to someone living with HIV/AIDS. Help end stigma associated with HIV.

To Learn More:

- Find an STD/HIV testing site near you at: www.hivtest.org
- Call your doctor or other healthcare provider
 - Visit Stop the Silence at: www.stopthesilence.org
- Contact your tribal health department
- Call the CDC National AIDS Hotline at: 1-800-CDC-INFO (232-4636)
- Visit the National Native American AIDS Prevention Center at: www.nnaapc.org